

When you are ready for true freedom and personal empowerment, then you are ready for DSN!

Impact and Experience:

- Transform personal barriers, old habits and emotional wounds to a deep inner strength where nothing in this world can shake you
- Participate in life fully
- Break through your limitations
- Discover ways for lasting positive change within yourself and those whom you love and belong to
- Dare to be different
- Experience total freedom, real power, devotion and love
- Be fearless
- Become more confident, responsible, committed, disciplined

Contents

- Powerful Yoga-Asanas --Padmasadhana
- Special Meditations
- Group Processes
- Deep Ancient Knowledge

Available only once a year - Don't miss this chance!

DSN 2010!

- Open to Part 1 Course Graduates
- May 13-16 (Thurs-Sun) 8:30-10:30pm on May 13. 7am-8pm May 14-16.
- Executive Lounge 139 Corporate Center, 139 Valero Street, Salcedo Village Makati

Course Contribution

P7,000.00 Regular

P6,000 early bird till May 7, 2010

- Includes 3 meals a day and dynamic activities from a senior teacher who travels the world
- Concessions available for Senior Citizens, Students, NGO Staff, Public School teachers

To Register:

Step 1: Deposit Contribution to

Banco De Oro-S/A#043-014-7929

Acc Name: "Art of Living Philippines"

Step 2: E-mail (info@artofliving.org.ph) the scanned deposit slip

Only 30 Slots available – accepted on First Come First Served basis

Contact Nameeta 0917-7910190/2172061 or email admin@artofliving.org.ph

"The Programs, the processes, the homework, all shattered or dissolved what I perceived were my limitations"

*-- Bill Hayden,
NASA Engineer*



D.S.N. - Face your infinite Self